

Lauren Jordan, LCSW, CST
7557 Rambler Road Ste. 612
Dallas, TX 75231
214-692-6199

FREQUENTLY ASKED QUESTIONS ABOUT YOUR FIRST APPOINTMENT

Office Location:

The major intersection near the office is Central Expressway and Walnut Hill Lane. Rambler Road dead-ends in front of the main building for Presbyterian Hospital of Dallas on Walnut Hill Lane. My building is the only high-rise on Rambler Road. Please note that if you have difficulty finding the office and call immediately before your appointment, I will likely be in session and be unable to take your call to direct you.

Initial Paperwork:

You may download new patient forms from my website www.BoostYourLowLibido.com. I do need a complete set for both of you, if you are coming for couples counseling. There is no need to arrive earlier than your scheduled time, unless you have forgotten your paperwork. If so, you will find a clipboard in the waiting room with a set of forms. If you are late, there will be less time for your session.

Payment Information

I accept cash, checks, and Visa, MasterCard and Discover Cards. All payments are due at the time of service.

I believe that your therapy should be **absolutely private** – between you and me. For this reason, I do not accept insurance, because they require a mental health diagnosis in order to pay for your therapy. They may also require me to submit very private information about you as part of the claims process. I do not feel good about ANY of your confidential information leaving my office – as I do not have any control over it at that point. There is a risk for you in filing insurance in terms of increased premiums, being denied for health or life insurance, or getting some types of jobs or security clearances, if you have a mental health diagnosis on your medical record.

I understand that finances may be a concern, and that you may decide to accept the risk involved in filing claims for your therapy. I want to make sure that you have all the information you need to make this decision. If you wish to do so, I will gladly provide you with receipts, which have all necessary documentation, which you can submit to your insurance carrier.

Credentials:

I have a Master's degree in Social Work, and am a Licensed Clinical Social Worker. I am also a Certified Sex Therapist. I have been a psychotherapist since 1986. My specialization is working with individuals and couples on relationship and sexual issues. I also see adults for anxiety, depression and self-esteem issues.

Contact Information:

If you have any questions, please call me at the above number. You may also email me, but please know that there are times that technology fails. The surest way to reach me is by phone. If you have not heard back from me, please try again. If you need to cancel or reschedule your appointment, you may leave a message any time.

I will look forward to meeting you, and working with you.